

Iowa Immunization Requirements for Child Development Home Providers

Include immunization or immune status for:

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|---|-------|--|--------------|
| <ul style="list-style-type: none">• measles• mumps• rubella | } MMR | <ul style="list-style-type: none">• diphtheria• tetanus | } Td or Tdap |
| | | <ul style="list-style-type: none">• polio (IPV or OPV) | |

I don't know where my immunizations or health history are, where might I find them?

Your high school, college, doctor's office, IRIS (Iowa Immunization Registry System), military record, baby book, family records, or possibly your local health department if your doctor's office closed.

Really, I can use the dates from my baby book?

Yes, if you have actual dates written in your baby book or other family records that correspond correctly to the years and age those vaccines would have been given your doctor will likely accept those as proof of immunization.

I went to school in Iowa, isn't that proof enough?

No, not necessarily, your parents could have had a religious exemption to immunizations or you could have had a medical exemption to an immunization. Additional proof of immunity is needed.

I can't find my records, what are my options?

You can either receive the MMR, Td or Tdap and IPV vaccines or you could have blood titers drawn to see if you are already immune to these diseases. Depending on whether your blood tests immune or not you may still need to get the vaccines after the titers have been drawn.

Which is the most cost effective?

Getting the vaccines is the most cost effective. If you have the titers drawn and are not immune, you will then have to have the vaccines, as well. If it has been a very long time since you had the vaccine or the disease, your immunity may not show up in the titer.

Which is the safest?

Both are safe. Getting the vaccines, even if you have already had the vaccines or the disease previously will not harm you.

Which form do I have to use for my immunizations?

Unlike for children enrolled in child care or school in Iowa, there is not a required form for adults. The Iowa Department of Public Health has a suggested [form](#)¹ you can use.

Where can I get more information about the Immunizations that are required? The Iowa Department of Public Health has a short brochure on [adult immunizations](#)². It covers both the required and suggested immunizations.

Who is covered by this requirement?

The provider, members of the provider's household and substitutes

My husband works 12 hour shifts at a factory 30 minutes from our house and is not involved with the children in my child care business. My son goes to college full time and we rarely see him, but he still lives at home. Neither are co-providers or substitutes. Do I really have to have their immunization records as part of my child care business?

Yes, they are members of your household. If members of the household are not immune it is possible that they could be exposed to a vaccine preventable disease at work or school, and bring that disease home into the child care environment. Diseases are spread person to person or person to object to person. Diseases can spread through shared environments. Direct contact with the children is not always required for a disease to spread to the children. To ensure that young children in your care are protected, proof of immunity of all members of your household is required.

When did this requirement start?

December 1, 2002

Where is the requirement found?

[Iowa Administrative Code 110.5\(2\)](#)³ Provider files.



¹Iowa Department of Public Health Adult Immunization Form -

<http://www.idph.state.ia.us/IDPHChannelsService/file.ashx?file=F60567FA-BEA6-453F-B25B-2EDE411CB692>

²Iowa Department of Public Health Adult Immunization Brochure -

<http://www.idph.state.ia.us/IDPHChannelsService/file.ashx?file=2BC7685C-B131-42C0-8374-B980F3F0B1A1>

³Iowa Administrative Code 110.5(2) - <https://ccmis.dhs.state.ia.us/providerportal/DocumentViewer.aspx?ID=7>